

About Serena McKnight

Mrs. McKnight is a Licensed Psychological Examiner specializing in assessing and diagnosing children and adults. She utilizes up-to-date, standardized psychological testing to aid in therapy treatment planning and diagnostic clarification.

Mrs. McKnight has provided group and individual educational and career assessments to adults with mental and/or physical disabilities. She has also conducted in-depth psychological evaluations in order to discover interests, skills, strengths, and limitations, as well as, help develop personalized vocational goals.

Mrs. McKnight works with children with emotional and behavioral problems and their families. She provides individualized feedback and



DIRECTIONS:

From Little Rock: Take I40 East to US 67/167 North. Take the McCain Blvd West Exit. Arkansas Families First is located on the left in the National Bank of Arkansas building.

From Jacksonville: Take 67/167 South. Take the McCain Blvd exit. Arkansas Families First is located in the National Bank of Arkansas

Serena McKnight, LPE

Licensed Psychological Examiner

Child, Adolescent, & Family Psychology



Providing Evidence-based
Evaluation, Consultation, and
Treatment to Help Children, Teens,
& Families



ARKANSAS FAMILIES FIRST, LLC



Location

4004 McCain Blvd
Suite 203
North Little Rock,
AR 72116

Contact Us

501-812-4268
Fax: 501-812-4286
arfamiliesfirst.com



ARKANSAS FAMILIES FIRST, LLC




Evaluation & Counseling


- Individual or group administered career testing provides detailed, individualized results. Results apply ones personality type, career interests and occupational skills to discover suitable college majors and career fields. Group feedback outlines personality type preferences and how these types influence future academic and career success.
- Personalized feedback and Next-Step Planning involve exploring resources and material to guide future college and career decisions.
- College/career mapping incorporates testing results and resources into a detailed personalized path.
- Online profile building and resume composing to highlights experience and education
- On the job shadowing program introduces first-hand experience in interest and type-preferred occupations.

OUR MISSION:

Arkansas Families First is devoted to unlocking the full potential of children and families, utilizing the latest research and the most skilled clinicians in the service of improving people's lives. We strive to empower parents and to integrate multiple disciplines in the building of strong families and healthy children.



At Arkansas Families First, we use evidence-based strategies, building on the child's and family's strengths to help restore healthy relationships and to assist in the alleviation of distress.



ARKANSAS FAMILIES FIRST, LLC



Career Discovery Packages

Career Encounter

- Group administered tests to discover personality types, career interests, and occupational skills
- Group feedback and Q&A session
- Individualized results to apply to professional and personal life

Career Exploration

- All services offered in the Encounter package, PLUS...
- One hour personalized individual feedback session
- One 30-minute Next-Step Planning

Career Mapping

- All services included in the Career Encounter & Exploration packages, PLUS...
- Additional 30 minutes Next-Step Planning Session to explore future options
- Online profile building and Resume composing
- College/Career Mapping