



# ARKANSAS FAMILIES FIRST

## Information Regarding Your Psychological Testing Appointments

If you or your child receives psychological testing through Arkansas Families First, here is what you should expect with regard to the testing process. Please discuss any questions or concerns you may have about this process with your provider.

**An Intake Appointment (approximately one hour):** If the testing will be for your child, the first appointment will be primarily for the parent or guardian, although older adolescents may also take part in this session. During the first appointment, the provider will gather information important for understanding the concerns to be addressed by testing. This information will likely include questions about current problems, educational history, information regarding social and emotional development, medical history, general development, and family history. The information obtained during this initial appointment will guide the provider in selecting the tests most likely to address your concerns and current needs.

**Two Testing Appointments (each lasting approximately two hours):** During these appointments, the provider and individual being evaluated will meet. Participation of the individual being tested in various activities and tests will assist the provider in better understanding current struggles and individual strengths. Some testing for the youngest children requires that a parent remain in the room during testing, but in most cases parents or others accompanying the individual will wait in the waiting room, or may even be able to leave and return at the end of the two hours.

**A Feedback Appointment (approximately one hour):** If the testing was for a child, these sessions are primarily for the parent, although older adolescents sometimes benefit from being present for this session as well. During this session, the provider will present the test results and interpretation of the results. Determining a diagnosis and treatment plan requires collaboration between you and the provider, and your active participation in this session will allow the provider to make the most accurate interpretations of the test results.

**An Evaluation Report:** The final step of the testing process is that the provider will write up the results of the evaluation and specific recommendations. This report will be mailed to you, and to the primary care physician, unless otherwise noted. At the point that the results are mailed, a final charge for report writing (usually two hours) will be billed. Guarantors are sometimes confused by this charge since it is not associated with an office visit, but is charged for the time taken to score testing, and to prepare the report.

Please feel free to ask your provider any questions you may have about the testing process. We look forward to collaborating with you in meet your needs/the needs of your child.

Please sign below after reading this statement of understanding: I understand that I (or my insurance) will be billed for each of the following services: One 1-hour testing intake, two 2-hour testing appointments, one 1-hour feedback session, and one 2-hour charge for test scoring and report writing.

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Parent/Guardian Signature

Date

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Child's Name