Autism 101

SYMPTOMS AREAS

Communication

Socialization

Restricted Int. / Rep. Behavior

Autism is a Spectrum Disorder, which means symptom severity may vary widely from person to person. So, be careful not to make assumptions.

SENSORY DIFFERENCES

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Those with ASD often experience sensory sensations differently than neuro-typical individuals.

AUTISM FACTS

- # 1 In 68 children
- Numbers are on the rise
- Costs a family thousands yearly
- More common in boys
- * There's no cure

UNIQUE DIFFERENCES

Cognitive Abilities	Interests
Language Skills	Social Needs
Motor Skills	Struggles
Goals & Aspirations	Personalities



DIAGNOSES

Testing & Evaluation

Psychologists are the primary evaluators. They often collaborate with teachers, Speech Pathologists and Pediatricians when diagnosing.

HOW TO HELP - 1

- Support Parents & Child
- ***** Recognize Uniquenesses
- # Assist with Accommodating
- Create Safe, Judgement Free Zones

TREATMENT

- # Accommodations
- ***** Behavioral Modification
- ***** Medication
- ***** Social & Other Skills Training

HOW TO HELP - 2

- Sensory Relief
- Social Supports
- # Be Flexible
- CREATE A CONTEXT WHERE IT'S OKAY FOR KIDS TO BE THEMSELVES

